



August 2024

Harvest K-8 Breakfast & Lunch

MONDAY

TUESDAY

WEDNESDAY

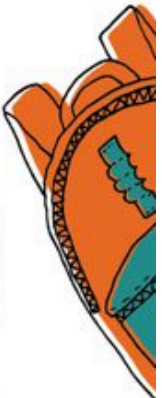
THURSDAY

FRIDAY

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|---|--|
| <p>Breakfast Entrée</p> <ul style="list-style-type: none"> • Mandarin Orange Parfait w/ Graham Crackers • Cinnamon Toast Crunch Cereal • Trix Cereal • Cheerios Cereal <p>Grain</p> <ul style="list-style-type: none"> • Whole Grain Toast w/ Margarine <p>Fruit</p> <ul style="list-style-type: none"> • Fresh Apple • Fresh Orange • 100% Apple Juice Cup <p>Milk</p> <ul style="list-style-type: none"> • 1% Low Fat White Milk Local • Fat Free Chocolate Milk Local <p>Lunch Entrée</p> <ul style="list-style-type: none"> • Turkey Hot Dog • Juicy Hamburger • Crispy Popcorn Chicken Salad w/Croutons <p>Vegetables</p> <ul style="list-style-type: none"> • Zingy Crinkle Fries • Fresh Baby Carrots • Green Bell Pepper • Fresh Celery Sticks <p>Fruit</p> <ul style="list-style-type: none"> • Diced Pears • Fresh Orange <p>Milk</p> <ul style="list-style-type: none"> • 1% Low Fat White Milk Local • Fat Free Chocolate Milk Local <p>Misc</p> <ul style="list-style-type: none"> • Ketchup Dispenser • Mustard Dispenser • Mayo Dispenser • Ranch Dispenser | <p>Breakfast Entrée</p> <ul style="list-style-type: none"> • Scramble Eggs w/ Toast • Cinnamon Toast Crunch Cereal • Trix Cereal • Cheerios Cereal <p>Grain</p> <ul style="list-style-type: none"> • Whole Grain Honey Graham Cracker 3 pk <p>Fruit</p> <ul style="list-style-type: none"> • Fresh Apple • Fresh Orange • 100% Fruit Punch Juice <p>Milk</p> <ul style="list-style-type: none"> • 1% Low Fat White Milk Local • Fat Free Chocolate Milk Local <p>Lunch Entrée</p> <ul style="list-style-type: none"> • Delicious Cheese Pizza • Turkey Sausage Pizza • Turkey Ham & Cheese Wrap <p>Vegetables</p> <ul style="list-style-type: none"> • Italian Veggie Blend • Fresh Baby Carrots • Fresh Broccoli Florets • Fresh Cucumber with Zesty Lemon & Chili <p>Fruit</p> <ul style="list-style-type: none"> • Cinnamon Spiced Apples • Fresh Apple <p>Milk</p> <ul style="list-style-type: none"> • 1% Low Fat White Milk Local • Fat Free Chocolate Milk Local <p>Misc</p> <ul style="list-style-type: none"> • Ranch Dispenser • Mustard Dispenser • Mayo Dispenser • Ketchup Dispenser |
|---|--|



5

- Breakfast Entrée
 - Fluffy Belgian Waffles
 - Cinnamon Toast Crunch Cereal
 - Trix Cereal
 - Honey Cheerios
- Fruit
 - Strawberry Compote
 - Fresh Apple
 - Fresh Banana
 - 100% Orange Juice
- Milk
 - 1% Low Fat White Milk Local
 - Fat Free Chocolate Milk Local
- Misc
 - Maple Syrup Cup
- Lunch Entrée
 - Two Cheese Grilled Cheese Sandwich
 - Orange Chicken w/ Brown Rice
 - Fresh Turkey Ham & Cheese Sub
- Vegetables
 - Pepered Broccoli Florets
 - Fresh Broccoli Florets
 - Fresh Baby Carrots
 - Green Bell Pepper
- Fruit
 - Sweet Diced Peaches
 - Fresh Apple
- Milk
 - 1% Low Fat White Milk Local
 - Fat Free Chocolate Milk Local
- Misc
 - Ketchup Dispenser
 - Mayo Dispenser
 - Mustard Dispenser
 - Ranch Dispenser

6

- Breakfast Entrée
 - Colby Cheese Omelet
 - Cinnamon Toast Crunch Cereal
 - Trix Cereal
 - Honey Cheerios
- Grain
 - Whole Grain Toast w/ Margarine
- Fruit
 - Fresh Banana
 - Fresh Apple
 - 100% Apple Juice Cup
- Milk
 - 1% Low Fat White Milk Local
 - Fat Free Chocolate Milk Local
- Lunch Entrée
 - Seasoned Diced Chicken Quesadilla
 - Homemade Bean & Cheese Burrito
 - Fresh Turkey & Cheese Sub
- Vegetables
 - Mexican Pinto Beans
 - Fresh Baby Carrots
 - Fresh Tomato Wedges
 - Fresh Cucumber with Zesty Lemon & Chili
- Fruit
 - Unsweetened Applesauce
 - Fresh Banana
- Milk
 - 1% Low Fat White Milk Local
 - Fat Free Chocolate Milk Local
- Misc
 - Ketchup Dispenser
 - Mayo Dispenser
 - Mustard Dispenser
 - Ranch Dispenser

7

- Breakfast Entrée
 - Egg & Cheese Biscuit Sandwich
 - Cinnamon Toast Crunch Cereal
 - Trix Cereal
 - Honey Cheerios
- Grain
 - Whole Grain Honey Graham Cracker 3 pk
- Fruit
 - Fresh Banana
 - 100% Fruit Punch Juice
 - Fresh Apple
- Milk
 - 1% Low Fat White Milk Local
 - Fat Free Chocolate Milk Local
- Lunch Entrée
 - Spaghetti Marinara w/ Meatballs
 - Crispy Chicken Nuggets
 - Veggie Ranch Wrap
- Vegetables
 - Spiced Green Beans
 - Fresh Lettuce & Spinach Mix
 - Roasted Garbanzo Beans
 - Green Bell Pepper
- Fruit
 - Juicy Pineapple Tidbits
 - Fresh Apple
- Milk
 - 1% Low Fat White Milk Local
 - Fat Free Chocolate Milk Local
- Misc
 - Ketchup Dispenser
 - Mayo Dispenser
 - Mustard Dispenser
 - Ranch Dispenser

8

- Breakfast Entrée
 - Cinnamon Chip Scone
 - Cinnamon Toast Crunch Cereal
 - Trix Cereal
 - Honey Cheerios
- Grain
 - Whole Grain Toast w/ Margarine
- Fruit
 - 100% Apple Juice Cup
 - Fresh Apple
 - Fresh Banana
- Milk
 - 1% Low Fat White Milk Local
 - Fat Free Chocolate Milk Local
- Lunch Entrée
 - Teriyaki Beef & Broccoli w/Brown Rice
 - Spicy Chicken Patty Sandwich
 - Sunbutter & Jelly Sandwich w/ String Cheese
- Vegetables
 - Crispy Tater Tots
 - Fresh Baby Carrots
 - Fresh Broccoli Florets
 - Fresh Tomato Wedges
- Fruit
 - Cinnamon Spiced Apples
 - Fresh Banana
- Milk
 - 1% Low Fat White Milk Local
 - Fat Free Chocolate Milk Local
- Misc
 - Ranch Dispenser
 - Ketchup Dispenser
 - Mustard Dispenser
 - Mayo Dispenser
 - Maple Syrup Cup

9

- Breakfast Entrée
 - Delicious Blueberry Muffin
 - Cinnamon Toast Crunch Cereal
 - Trix Cereal
 - Honey Cheerios
- Grain
 - Whole Grain Honey Graham Cracker 3 pk
- Fruit
 - Fresh Apple
 - 100% Fruit Punch Juice
 - Fresh Banana
- Milk
 - 1% Low Fat White Milk Local
 - Fat Free Chocolate Milk Local
- Lunch Entrée
 - Delicious Cheese Pizza
 - Classic Pepperoni Pizza
 - Turkey & Cheese Wrap
- Vegetables
 - Zingy Crinkle Fries
 - Fresh Lettuce & Spinach Mix
 - Fresh Baby Carrots
 - Fresh Celery Sticks
- Fruit
 - Diced Pears
 - Fresh Apple
- Milk
 - 1% Low Fat White Milk Local
 - Fat Free Chocolate Milk Local
- Misc
 - Ketchup Dispenser
 - Mayo Dispenser
 - Mustard Dispenser
 - Ranch Dispenser



Breakfast Entrée

- Scratch-Made French Toast Casserole
- Cinnamon Toast Crunch Cereal
- Cocoa Puffs Cereal
- Froot Loops Cereal

Fruit

- Fresh Apple
- 100% Orange Juice
- Fresh Banana

Milk

- 1% Low Fat White Milk Local
- Fat Free Chocolate Milk Local

Misc

- Maple Syrup Cup

Lunch Entrée

- Creamy Macaroni & Cheese
- Chicken Nuggets w/Roll
- Turkey Ham & Cheese Sandwich

Vegetables

- Crispy Tater Tots
- Fresh Baby Carrots
- Fresh-Cut Cucumber Slices
- Fresh Broccoli Florets

Fruit

- Juicy Pineapple Tidbits
- Fresh Apple

Milk

- 1% Low Fat White Milk Local
- Fat Free Chocolate Milk Local

Misc

- Ketchup Dispenser
- Mustard Dispenser
- Mayo Dispenser
- Ranch Dispenser

Breakfast Entrée

- Egg & Turkey Ham Breakfast Quesadilla
- Cinnamon Toast Crunch Cereal
- Cocoa Puffs Cereal
- Froot Loops Cereal

Grain

- Whole Grain Toast w/ Margarine

Fruit

- Fresh Apple
- 100% Apple Juice Cup
- Fresh Banana

Milk

- 1% Low Fat White Milk Local
- Fat Free Chocolate Milk Local

Lunch Entrée

- Grilled Cheeseburger
- Sweet & Sour Popcorn Chicken w/ Brown Rice
- Crispy Buffalo Chicken Salad w/Crackers

Vegetables

- Italian Veggie Blend
- Fresh Baby Carrots
- Fresh Cucumber with Zesty Lemon & Chili
- Fresh Broccoli Florets

Fruit

- Cinnamon Applesauce
- Fresh Banana

Milk

- 1% Low Fat White Milk Local
- Fat Free Chocolate Milk Local

Misc

- Ketchup Dispenser
- Mustard Dispenser
- Mayo Dispenser
- Ranch Dispenser
- Maple Syrup Cup

Breakfast Entrée

- Turkey Sausage Breakfast Pizza
- Cinnamon Toast Crunch Cereal
- Cocoa Puffs Cereal
- Froot Loops Cereal

Grain

- Whole Grain Honey Graham Cracker 3 pk

Fruit

- Fresh Apple
- 100% Fruit Punch Juice
- Fresh Banana

Milk

- 1% Low Fat White Milk Local
- Fat Free Chocolate Milk Local

Lunch Entrée

- Cheese Stuffed Breadsticks w/Marinara
- Crispy Chicken Patty Sandwich
- Crispy Popcorn Chicken Ranch Wrap

Vegetables

- Peppered Broccoli Florets
- Fresh Baby Carrots
- Fresh Broccoli Florets
- Fresh Celery Sticks

Fruit

- Diced Pears
- Fresh Apple

Milk

- 1% Low Fat White Milk Local
- Fat Free Chocolate Milk Local

Misc

- Ranch Dispenser
- Ketchup Dispenser
- Mustard Dispenser
- Mayo Dispenser

Breakfast Entrée

- Glazed Cinnamon Rolls
- Cinnamon Toast Crunch Cereal
- Cocoa Puffs Cereal
- Froot Loops Cereal

Grain

- Whole Grain Toast w/ Margarine

Fruit

- Fresh Apple
- 100% Apple Juice Cup
- Fresh Banana

Milk

- 1% Low Fat White Milk Local
- Fat Free Chocolate Milk Local

Lunch Entrée

- Popcorn Chicken Potato Bowl w/Roll
- Golden Chicken Corn Dog
- Turkey & Cheese Wrap

Vegetables

- Spiced Green Beans
- Fresh-Cut Cucumber Slices
- Fresh Baby Carrots
- Roasted Garbanzo Beans

Fruit

- Cinnamon Spiced Apples
- Fresh Banana

Milk

- 1% Low Fat White Milk Local
- Fat Free Chocolate Milk Local

Misc

- Ketchup Dispenser
- Mayo Dispenser
- Mustard Dispenser
- Ranch Dispenser

Breakfast Entrée

- Chicken Biscuit Sandwich
- Cinnamon Toast Crunch Cereal
- Cocoa Puffs Cereal
- Froot Loops Cereal

Grain

- Whole Grain Honey Graham Cracker 3 pk

Fruit

- 100% Fruit Punch Juice
- Fresh Apple
- Fresh Banana

Milk

- 1% Low Fat White Milk Local
- Fat Free Chocolate Milk Local

Lunch Entrée

- Delicious Cheese Pizza
- Classic Pepperoni Pizza
- Sunbutter & Jelly Sandwich w/ String Cheese

Vegetables

- Zingy Crinkle Fries
- Fresh Baby Carrots
- Fresh Celery Sticks
- Fresh-Cut Cucumber Slices

Fruit

- Sweet Diced Peaches
- Fresh Apple

Milk

- 1% Low Fat White Milk Local
- Fat Free Chocolate Milk Local

Misc

- Ketchup Dispenser
- Mayo Dispenser
- Mustard Dispenser
- Ranch Dispenser



26

- Breakfast Entrée
 - Fluffy Banana Muffin
 - Cheerios Cereal
 - Trix Cereal
 - Cinnamon Toast Crunch Cereal
- Fruit
 - 100% Fruit Punch Juice
 - Fresh Apple
 - Fresh Orange
- Milk
 - 1% Low Fat White Milk Local
 - Fat Free Chocolate Milk Local
- Lunch Entrée
 - Chicken Tenders w/Roll
 - Vegetarian Pasta Alfredo
 - Fresh Turkey & Cheese Sub
- Vegetables
 - Peppered Broccoli Florets
 - Fresh Baby Carrots
 - Fresh Broccoli Florets
 - Fresh-Cut Cucumber Slices
- Fruit
 - Cinnamon Applesauce
 - Fresh Apple
- Milk
 - 1% Low Fat White Milk Local
 - Fat Free Chocolate Milk Local
- Misc
 - Ketchup Dispenser
 - Mustard Dispenser
 - Mayo Dispenser
 - Ranch Dispenser

27

- Breakfast Entrée
 - Cheesy Egg Breakfast Burrito
 - Cinnamon Toast Crunch Cereal
 - Trix Cereal
 - Cheerios Cereal
- Grain
 - Whole Grain Toast w/ Margarine
- Fruit
 - Fresh Apple
 - Fresh Orange
 - 100% Apple Juice Cup
- Milk
 - 1% Low Fat White Milk Local
 - Fat Free Chocolate Milk Local
- Lunch Entrée
 - Scratch-Made Cheesy Chicken Flour Tacos
 - Mini Cheese Quesadillas
 - Sunbutter & Jelly Sandwich w/ String Cheese
- Vegetables
 - Seasoned Mexican Black Beans
 - Fresh-Cut Cucumber Slices
 - Fresh Baby Carrots
 - Roasted Garbanzo Beans
 - Fresh Salsa
- Fruit
 - Sweet Diced Peaches
 - Fresh Orange
- Milk
 - 1% Low Fat White Milk Local
 - Fat Free Chocolate Milk Local
- Misc
 - Ranch Dispenser

28

- Breakfast Entrée
 - Homemade Biscuit & Gravy w/ Turkey Sausage
 - Cinnamon Toast Crunch Cereal
 - Trix Cereal
 - Cheerios Cereal
- Grain
 - Whole Grain Honey Graham Cracker 3 pk
- Fruit
 - Fresh Apple
 - Fresh Orange
 - 100% Orange Juice
- Milk
 - 1% Low Fat White Milk Local
 - Fat Free Chocolate Milk Local
- Lunch Entrée
 - Chicken Nugget Potato Bowl w/Roll
 - Cheesy Meatball Sub
 - Veggie Ranch Wrap
- Vegetables
 - Steamed Corn
 - Fresh Baby Carrots
 - Fresh Broccoli Florets
 - Green Bell Pepper
- Fruit
 - Juicy Mandarin Oranges
 - Fresh Apple
- Milk
 - 1% Low Fat White Milk Local
 - Fat Free Chocolate Milk Local
- Misc
 - Ketchup Dispenser
 - Mustard Dispenser
 - Mayo Dispenser
 - Ranch Dispenser

29

- Breakfast Entrée
 - Mandarin Orange Parfait w/ Graham Crackers
 - Cinnamon Toast Crunch Cereal
 - Trix Cereal
 - Cheerios Cereal
- Grain
 - Whole Grain Toast w/ Margarine
- Fruit
 - Fresh Apple
 - Fresh Orange
 - 100% Apple Juice Cup
- Milk
 - 1% Low Fat White Milk Local
 - Fat Free Chocolate Milk Local
- Lunch Entrée
 - Turkey Hot Dog
 - Juicy Hamburger
 - Crispy Popcorn Chicken Salad w/CROUTONS
- Vegetables
 - Zingy Crinkle Fries
 - Fresh Baby Carrots
 - Green Bell Pepper
 - Fresh Celery Sticks
- Fruit
 - Diced Pears
 - Fresh Orange
- Milk
 - 1% Low Fat White Milk Local
 - Fat Free Chocolate Milk Local
- Misc
 - Ketchup Dispenser
 - Mustard Dispenser
 - Mayo Dispenser
 - Ranch Dispenser

30

- Breakfast Entrée
 - Scramble Eggs w/ Toast
 - Cinnamon Toast Crunch Cereal
 - Trix Cereal
 - Cheerios Cereal
- Grain
 - Whole Grain Honey Graham Cracker 3 pk
- Fruit
 - Fresh Apple
 - Fresh Orange
 - 100% Fruit Punch Juice
- Milk
 - 1% Low Fat White Milk Local
 - Fat Free Chocolate Milk Local
- Lunch Entrée
 - Delicious Cheese Pizza
 - Turkey Sausage Pizza
 - Turkey Ham & Cheese Wrap
- Vegetables
 - Italian Veggie Blend
 - Fresh Baby Carrots
 - Fresh Broccoli Florets
 - Fresh Cucumber with Zesty Lemon & Chili
- Fruit
 - Cinnamon Spiced Apples
 - Fresh Apple
- Milk
 - 1% Low Fat White Milk Local
 - Fat Free Chocolate Milk Local
- Misc
 - Ranch Dispenser
 - Mustard Dispenser
 - Mayo Dispenser
 - Ketchup Dispenser

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