



# July 2024

## Harvest K-8 Breakfast & Lunch

### WEDNESDAY

### THURSDAY

### FRIDAY

<b>3</b>		<b>4</b>		<b>5</b>	
<b>10</b>		<b>11</b>		<b>12</b>	
<b>17</b>		<b>18</b>		<b>19</b>	
<b>24</b>		<b>25</b>		<b>26</b>	
<b>31</b>					

#### Breakfast Entrée

- **Homemade Biscuit & Gravy w/ Turkey Sausage**
- Cinnamon Toast Crunch Cereal
- Trix Cereal
- Cheerios Cereal

#### Grain

- Whole Grain Honey Graham Cracker 3 pk

#### Fruit

- Fresh Apple
- Fresh Orange
- 100% Orange Juice

#### Milk

- 1% Low Fat White Milk Local
- Fat Free Chocolate Milk Local

#### Lunch Entrée

- **Chicken Nugget Potato Bowl w/Roll**
- **Cheesy Meatball Sub**
- **Veggie Ranch Wrap**

#### Vegetables

- Steamed Corn
- Fresh Baby Carrots
- Fresh Broccoli Florets
- Green Bell Pepper

#### Fruit

- Juicy Mandarin Oranges
- Fresh Apple

#### Milk

- 1% Low Fat White Milk Local
- Fat Free Chocolate Milk Local

#### Misc

- Ketchup Dispenser
- Mustard Dispenser
- Mayo Dispenser
- Ranch Dispenser

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