

# March 2025

## Harvest K-8 Breakfast & Lunch

### MONDAY

**3**

- Breakfast Entrée
  - French Toast Sticks w/ Turkey Sausage
  - Cinnamon Toast Crunch Cereal
  - Trix Cereal
  - Honey Cheerios
- Fruit
  - Fresh Apple
  - Fresh Banana
  - 100% Orange Juice
- Milk
  - 1% Low Fat White Milk Local
  - Fat Free Chocolate Milk Local
- Misc
  - Maple Syrup Cup
- Lunch Entrée
  - Pulled Pork Street Tacos on Flour
  - Cheese Quesadilla
  - Italian Sub
- Vegetables
  - Fresh Baby Carrots
  - Fresh Broccoli Florets
  - Fresh-Cut Cucumber Slices
  - Seasoned Charro Pinto Beans
- Fruit
  - Cinnamon Applesauce
  - Fresh Apple
- Milk
  - 1% Low Fat White Milk Local
  - Fat Free Chocolate Milk Local
- Misc
  - Mayo Dispenser

### TUESDAY

**4**

- Breakfast Entrée
  - Egg & Cheese Breakfast Quesadilla
  - Cinnamon Toast Crunch Cereal
  - Trix Cereal
  - Honey Cheerios
- Grain
  - Whole Grain Toast w/ Margarine
- Fruit
  - Fresh Banana
  - Fresh Apple
  - 100% Apple Juice Cup
- Milk
  - 1% Low Fat White Milk Local
  - Fat Free Chocolate Milk Local
- Lunch Entrée
  - Chicken Cordon Bleu Sandwich
  - Classic Pepperoni Pizza
  - Delicious Cheese Pizza
  - Chicken Taco Salad
- Vegetables
  - Fresh-Cut Cucumber Slices
  - Fresh Baby Carrots
  - Roasted Garbanzo Beans
  - Fresh Salsa
  - Crispy Tater Tots
- Fruit
  - Sweet Diced Peaches
  - Fresh Orange
- Milk
  - 1% Low Fat White Milk Local
  - Fat Free Chocolate Milk Local

### WEDNESDAY

**5**

- Breakfast Entrée
  - Oatmeal w/ Peaches
  - Cinnamon Toast Crunch Cereal
  - Trix Cereal
  - Honey Cheerios
- Grain
  - Whole Grain Honey Graham Cracker 3 pk
- Fruit
  - Fresh Banana
  - 100% Fruit Punch Juice
  - Fresh Apple
- Milk
  - 1% Low Fat White Milk Local
  - Fat Free Chocolate Milk Local
- Lunch Entrée
  - Spaghetti Marinara w/Meatballs
  - Grande Cheesy Nachos
  - Turkey & Cheese Sandwich
- Vegetables
  - Fresh Baby Carrots
  - Fresh Broccoli Florets
  - Green Bell Pepper
  - Seasoned Peas & Carrots
- Fruit
  - Juicy Mandarin Oranges
  - Fresh Apple
- Milk
  - 1% Low Fat White Milk Local
  - Fat Free Chocolate Milk Local
- Misc
  - Ketchup Dispenser
  - Mayo Dispenser

### THURSDAY

**6**

- Breakfast Entrée
  - Colby Cheese Omelet w/ Toast
  - Cinnamon Toast Crunch Cereal
  - Trix Cereal
  - Honey Cheerios
- Grain
  - Whole Grain Toast w/ Margarine
- Fruit
  - 100% Apple Juice Cup
  - Fresh Apple
  - Fresh Banana
- Milk
  - 1% Low Fat White Milk Local
  - Fat Free Chocolate Milk Local
- Lunch Entrée
  - Grilled Cheeseburger
  - Chicken Nuggets w/Roll
  - Crispy Buffalo Chicken Salad w/Crackers
- Vegetables
  - Fresh Baby Carrots
  - Green Bell Pepper
  - Fresh Celery Sticks
  - Seasoned Curly Fries
- Fruit
  - Diced Pears
  - Fresh Orange
- Milk
  - 1% Low Fat White Milk Local
  - Fat Free Chocolate Milk Local
- Misc
  - Ketchup Dispenser
  - Mayo Dispenser

### FRIDAY

**7**

- Breakfast Entrée
  - Peach Parfait w/ Graham Crackers
  - Cinnamon Toast Crunch Cereal
  - Trix Cereal
  - Honey Cheerios
- Grain
  - Whole Grain Honey Graham Cracker 3 pk
- Fruit
  - Fresh Apple
  - 100% Fruit Punch Juice
  - Fresh Banana
- Milk
  - 1% Low Fat White Milk Local
  - Fat Free Chocolate Milk Local
- Lunch Entrée
  - Cheesy Chicken Burrito
  - Grilled Cheese Sandwich
  - Turkey Ham & Cheese Sandwich
- Vegetables
  - Fresh Baby Carrots
  - Fresh Broccoli Florets
  - Fresh Cucumber with Zesty Lemon & Chili
  - Seasoned Charro Pinto Beans
- Fruit
  - Cinnamon Spiced Apples
  - Fresh Apple
- Milk
  - 1% Low Fat White Milk Local
  - Fat Free Chocolate Milk Local
- Misc
  - Mayo Dispenser
  - Ketchup Dispenser

**10**

- Breakfast Entrée
- **Turkey Sausage Breakfast Pizza**
  - **Froot Loops Cereal**
  - **Cinnamon Toast Crunch Cereal**
  - **Cocoa Puffs Cereal**
- Fruit
- Fresh Orange
  - Fresh Apple
  - 100% Fruit Punch Juice
- Milk
- 1% Low Fat White Milk Local
  - Fat Free Chocolate Milk Local
- Lunch Entrée
- **Chicken Tenders w/Roll**
  - **Grande Cheesy Nachos**
  - **Turkey & Cheese Sandwich**
- Vegetables
- Fresh Broccoli Florets
  - Fresh Baby Carrots
  - Green Bell Pepper
  - Fresh Steamed Broccoli
- Fruit
- Sweet Diced Peaches
  - Fresh Apple
- Milk
- 1% Low Fat White Milk Local
  - Fat Free Chocolate Milk Local
- Misc
- Ketchup Dispenser
  - Mayo Dispenser

**11**

- Breakfast Entrée
- **Bacon, Egg & Cheese Burrito**
  - **Cinnamon Toast Crunch Cereal**
  - **Cocoa Puffs Cereal**
  - **Froot Loops Cereal**
- Grain
- Whole Grain Toast w/ Margarine
- Fruit
- Fresh Apple
  - Fresh Orange
  - 100% Apple Juice Cup
- Milk
- 1% Low Fat White Milk Local
  - Fat Free Chocolate Milk Local
- Lunch Entrée
- **Pulled Pork Street Tacos on Flour**
  - **Cheese Quesadilla**
  - **Chicken Caesar Salad w/Crackers**
- Vegetables
- Fresh Baby Carrots
  - Fresh Tomato Wedges
  - Fresh Cucumber with Zesty Lemon & Chili
  - Cheesy Mexican Mix Refried Beans
- Fruit
- Unsweetened Applesauce
  - Fresh Banana
- Milk
- 1% Low Fat White Milk Local
  - Fat Free Chocolate Milk Local
- Misc
- Ketchup Dispenser
  - Mayo Dispenser

**12**

- Breakfast Entrée
- **Glazed Cinnamon Roll**
  - **Strawberry Banana Yogurt Cup w/ Graham Crackers**
  - **Cinnamon Toast Crunch Cereal**
  - **Cocoa Puffs Cereal**
  - **Froot Loops Cereal**
- Grain
- Whole Grain Honey Graham Cracker 3 pk
- Fruit
- Fresh Orange
  - Fresh Apple
  - 100% Orange Juice
- Milk
- 1% Low Fat White Milk Local
  - Fat Free Chocolate Milk Local
- Lunch Entrée
- **Golden Chicken Corn Dog**
  - **Chicken Teriyaki w/Brown Rice**
  - **Crispy Popcorn Chicken Ranch Wrap**
- Vegetables
- Fresh Lettuce & Spinach Mix
  - Roasted Garbanzo Beans
  - Green Bell Pepper
  - Steamed Crinkle Carrots
- Fruit
- Juicy Pineapple Tidbits
  - Fresh Apple
- Milk
- 1% Low Fat White Milk Local
  - Fat Free Chocolate Milk Local
- Misc
- Ketchup Dispenser
  - Mayo Dispenser

**13**

- Breakfast Entrée
- **Turkey Ham & Cheese Breakfast Quesadilla**
  - **Cinnamon Toast Crunch Cereal**
  - **Cocoa Puffs Cereal**
  - **Froot Loops Cereal**
- Grain
- Whole Grain Toast w/ Margarine
- Fruit
- Fresh Apple
  - Fresh Orange
  - 100% Fruit Punch Juice
- Milk
- 1% Low Fat White Milk Local
  - Fat Free Chocolate Milk Local
- Lunch Entrée
- **Sweet & Sour Popcorn Chicken w/ Brown Rice**
  - **Classic Pepperoni Pizza**
  - **Loaded Meat Lover's Pizza**
  - **Chef Salad w/Crackers**
- Vegetables
- Fresh Baby Carrots
  - Fresh Broccoli Florets
  - Fresh Tomato Wedges
  - Crispy Tater Tots
- Fruit
- Cinnamon Spiced Apples
  - Fresh Banana
- Milk
- 1% Low Fat White Milk Local
  - Fat Free Chocolate Milk Local
- Misc
- Mayo Dispenser
  - Ketchup Dispenser

**14**

- Breakfast Entrée
- **Strawberry Mango Smoothie w/Graham Crackers**
  - **Cinnamon Toast Crunch Cereal**
  - **Cocoa Puffs Cereal**
  - **Froot Loops Cereal**
- Grain
- Whole Grain Honey Graham Cracker 3 pk
- Fruit
- Fresh Orange
  - Fresh Apple
  - 100% Apple Juice Cup
- Milk
- 1% Low Fat White Milk Local
  - Fat Free Chocolate Milk Local
- Lunch Entrée
- **Popcorn Chicken Snowbowl w/Roll**
  - **Grilled Cheese Sandwich**
  - **Sunbutter & Jelly Sandwich w/ String Cheese**
- Vegetables
- Fresh Lettuce & Spinach Mix
  - Fresh Baby Carrots
  - Fresh Celery Sticks
  - Seasoned Mashed Potatoes
- Fruit
- Diced Pears
  - Fresh Apple
- Milk
- 1% Low Fat White Milk Local
  - Fat Free Chocolate Milk Local
- Misc
- Ketchup Dispenser
  - Mayo Dispenser

**17**

## Breakfast Entrée

- Vanilla Yogurt Cup w/Graham Crackers
- Glazed Cinnamon Roll
- Froot Loops Cereal
- Cinnamon Toast Crunch Cereal
- Cocoa Puffs Cereal

## Fruit

- Fresh Orange
- Fresh Apple
- 100% Fruit Punch Juice

## Milk

- 1% Low Fat White Milk Local
- Fat Free Chocolate Milk Local

## Lunch Entrée

- **Crispy Chicken Patty Sandwich**
- **Beef & Broccoli w/Brown Rice**
- **Turkey & Cheese Sandwich**

## Vegetables

- Fresh Broccoli Florets
- Fresh Baby Carrots
- Green Bell Pepper
- Crispy Tater Tots

## Fruit

- Sweet Diced Peaches
- Fresh Apple

## Milk

- 1% Low Fat White Milk Local
- Fat Free Chocolate Milk Local

## Misc

- Ketchup Dispenser
- Mayo Dispenser

**18**

## Breakfast Entrée

- **Turkey Sausage, Egg & Cheese Big Bite Sandwich**
- **Cinnamon Toast Crunch Cereal**
- **Cocoa Puffs Cereal**
- **Froot Loops Cereal**

## Grain

- Whole Grain Toast w/ Margarine

## Fruit

- Fresh Apple
- 100% Apple Juice Cup
- Fresh Orange

## Milk

- 1% Low Fat White Milk Local
- Fat Free Chocolate Milk Local

## Lunch Entrée

- **Chicken Nuggets w/Roll**
- **Hot Dog (Pork-Free)**
- **Cobb Salad w/ Crackers**

## Vegetables

- Fresh Baby Carrots
- Fresh Broccoli Florets
- Fresh-Cut Cucumber Slices
- Cheesy Mexican Mix Refried Beans

## Fruit

- Cinnamon Applesauce
- Fresh Apple

## Milk

- 1% Low Fat White Milk Local
- Fat Free Chocolate Milk Local

## Misc

- Ketchup Dispenser
- Mayo Dispenser

**19**

## Breakfast Entrée

- **Fluffy Pancakes w/ Turkey Bacon**
- **Vanilla Yogurt Cup w/Graham Crackers**
- **Cinnamon Toast Crunch Cereal**
- **Cocoa Puffs Cereal**
- **Froot Loops Cereal**

## Grain

- Whole Grain Honey Graham Cracker 3 pk

## Fruit

- Fresh Apple
- 100% Fruit Punch Juice
- Fresh Orange

## Milk

- 1% Low Fat White Milk Local
- Fat Free Chocolate Milk Local

## Misc

- Maple Syrup Cup

## Lunch Entrée

- **Classic Pepperoni Pizza**
- **Delicious Cheese Pizza**
- **Creamy Macaroni & Cheese**
- **Deli Stacker Sub**

## Vegetables

- Fresh-Cut Cucumber Slices
- Fresh Baby Carrots
- Roasted Garbanzo Beans
- Seasoned Curly Fries

## Fruit

- Sweet Diced Peaches
- Fresh Orange

## Milk

- 1% Low Fat White Milk Local
- Fat Free Chocolate Milk Local

**20**

## Breakfast Entrée

- **Turkey Ham, Egg & Cheese Breakfast Burrito**
- **Cinnamon Toast Crunch Cereal**
- **Cocoa Puffs Cereal**
- **Froot Loops Cereal**

## Grain

- Whole Grain Toast w/ Margarine

## Fruit

- Fresh Apple
- 100% Apple Juice Cup
- Fresh Orange

## Milk

- 1% Low Fat White Milk Local
- Fat Free Chocolate Milk Local

## Lunch Entrée

- **Pulled Pork Baked Potato w/Biscuit**
- **Crispy Chicken Patty Sandwich**
- **Chicken Caesar Salad w/Crackers**

## Vegetables

- Fresh Baby Carrots
- Fresh Broccoli Florets
- Green Bell Pepper
- Fresh Steamed Broccoli

## Fruit

- Juicy Mandarin Oranges
- Fresh Apple

## Milk

- 1% Low Fat White Milk Local
- Fat Free Chocolate Milk Local

## Misc

- Ketchup Dispenser
- Mayo Dispenser

**21**

## Breakfast Entrée

- **Strawberry Yogurt Parfait w/ Granola**
- **Cinnamon Toast Crunch Cereal**
- **Cocoa Puffs Cereal**
- **Froot Loops Cereal**

## Grain

- Whole Grain Honey Graham Cracker 3 pk

## Fruit

- 100% Fruit Punch Juice
- Fresh Apple
- Fresh Orange

## Milk

- 1% Low Fat White Milk Local
- Fat Free Chocolate Milk Local

## Lunch Entrée

- **Spaghetti Marinara w/Meatballs**
- **Beef BBQ Rib Sandwich**
- **Chilled Chicken Fajita Sandwich**

## Vegetables

- Fresh Baby Carrots
- Green Bell Pepper
- Fresh Celery Sticks
- Steamed Corn

## Fruit

- Diced Pears
- Fresh Orange

## Milk

- 1% Low Fat White Milk Local
- Fat Free Chocolate Milk Local

## Misc

- Ketchup Dispenser
- Mayo Dispenser

**24**

- Breakfast Entrée
  - **Breakfast on a Stick w/ String Cheese**
  - **Cheerios Cereal**
  - **Trix Cereal**
  - **Cinnamon Toast Crunch Cereal**
- Grain
  - Whole Grain Toast w/ Margarine
- Fruit
  - 100% Fruit Punch Juice
  - Fresh Apple
- Milk
  - 1% Low Fat White Milk Local
  - Fat Free Chocolate Milk Local
- Lunch Entrée
  - **Juicy Hamburger**
  - **Mini Chicken Corndogs**
  - **Sunbutter & Jelly Sandwich w/ String Cheese**
- Vegetables
  - Fresh Baby Carrots
  - Fresh Broccoli Florets
  - Fresh Cucumber with Zesty Lemon & Chili
  - Crispy Tater Tots
- Fruit
  - Cinnamon Spiced Apples
  - Fresh Apple
- Milk
  - 1% Low Fat White Milk Local
  - Fat Free Chocolate Milk Local
- Misc
  - Mayo Dispenser
  - Ketchup Dispenser

**25**

- Breakfast Entrée
  - **Turkey Ham & Cheese Breakfast Quesadilla**
  - **Cinnamon Toast Crunch Cereal**
  - **Trix Cereal**
  - **Cheerios Cereal**
- Grain
  - Whole Grain Toast w/ Margarine
- Fruit
  - Fresh Orange
  - 100% Apple Juice Cup
  - Fresh Apple
- Milk
  - 1% Low Fat White Milk Local
  - Fat Free Chocolate Milk Local
- Lunch Entrée
  - **Classic Pepperoni Pizza**
  - **Loaded Meat Lover's Pizza**
  - **Cheesy Meatball Sub**
  - **Chicken Taco Salad**
- Vegetables
  - Fresh Broccoli Florets
  - Fresh Baby Carrots
  - Green Bell Pepper
  - Steamed Corn
- Fruit
  - Sweet Diced Peaches
  - Fresh Apple
- Milk
  - 1% Low Fat White Milk Local
  - Fat Free Chocolate Milk Local
- Misc
  - Ketchup Dispenser
  - Mayo Dispenser

**26**

- Breakfast Entrée
  - **French Toast Sticks w/ Turkey Sausage**
  - **Cinnamon Toast Crunch Cereal**
  - **Trix Cereal**
  - **Cheerios Cereal**
- Grain
  - Whole Grain Honey Graham Cracker 3 pk
- Fruit
  - Fresh Apple
  - 100% Orange Juice
- Milk
  - 1% Low Fat White Milk Local
  - Fat Free Chocolate Milk Local
- Misc
  - Maple Syrup Cup
- Lunch Entrée
  - **Breaded Drumstick w/Roll**
  - **Homemade Beef Burrito**
  - **Southwest Chicken Fajita Sub**
- Vegetables
  - Fresh Baby Carrots
  - Fresh Tomato Wedges
  - Fresh Cucumber with Zesty Lemon & Chili
  - Seasoned Mashed Potatoes
- Fruit
  - Unsweetened Applesauce
  - Fresh Banana
- Milk
  - 1% Low Fat White Milk Local
  - Fat Free Chocolate Milk Local
- Misc
  - Ketchup Dispenser
  - Mayo Dispenser

**27**

- Breakfast Entrée
  - **Chilaquiles**
  - **Cinnamon Toast Crunch Cereal**
  - **Trix Cereal**
  - **Cheerios Cereal**
- Grain
  - Whole Grain Toast w/ Margarine
- Fruit
  - Fresh Orange
  - 100% Apple Juice Cup
- Milk
  - 1% Low Fat White Milk Local
  - Fat Free Chocolate Milk Local
- Lunch Entrée
  - **Hot Dog (Pork-Free)**
  - **Grande Cheesy Nachos**
  - **Crispy Buffalo Chicken Salad w/Crackers**
- Vegetables
  - Fresh Lettuce & Spinach Mix
  - Green Bell Pepper
  - Seasoned Charro Pinto Beans
  - Fresh Celery Sticks
- Fruit
  - Juicy Pineapple Tidbits
  - Fresh Apple
- Milk
  - 1% Low Fat White Milk Local
  - Fat Free Chocolate Milk Local
- Misc
  - Ketchup Dispenser
  - Mayo Dispenser

**28**

- Breakfast Entrée
  - **Strawberry Smoothie w/Graham Crackers**
  - **Cinnamon Toast Crunch Cereal**
  - **Trix Cereal**
  - **Cheerios Cereal**
- Grain
  - Whole Grain Honey Graham Cracker 3 pk
- Fruit
  - Fresh Apple
  - 100% Fruit Punch Juice
- Milk
  - 1% Low Fat White Milk Local
  - Fat Free Chocolate Milk Local
- Lunch Entrée
  - **Crispy Chicken Patty Sandwich**
  - **Grilled Cheese Sandwich**
  - **Turkey & Cheese Sandwich**
- Vegetables
  - Fresh Baby Carrots
  - Fresh Broccoli Florets
  - Fresh Tomato Wedges
  - Steamed Crinkle Carrots
- Fruit
  - Cinnamon Spiced Apples
  - Fresh Banana
- Milk
  - 1% Low Fat White Milk Local
  - Fat Free Chocolate Milk Local
- Misc
  - Ketchup Dispenser
  - Mustard Dispenser
  - Mayo Dispenser

**31**