



August 2024

Harvest 9-12 Breakfast & Lunch

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

1

2

- Breakfast Entrée
 - Mandarin Orange Parfait w/ Graham Crackers
 - Cinnamon Toast Crunch Cereal
 - Trix Cereal
 - Cheerios Cereal
- Grain
 - Whole Grain Toast w/ Margarine
- Fruit
 - Fresh Apple
 - Fresh Orange
 - 100% Apple Juice Cup
- Milk
 - 1% Low Fat White Milk Local
 - Fat Free Chocolate Milk Local
- Lunch Entrée
 - Turkey Hot Dog
 - Juicy Hamburger
 - Crispy Popcorn Chicken Salad w/Croutons
- Vegetables
 - Zingy Crinkle Fries
 - Fresh Baby Carrots
 - Green Bell Pepper
 - Fresh Celery Sticks
- Fruit
 - Diced Pears
 - Fresh Orange
 - Fresh Banana
 - Fresh Apple
- Milk
 - 1% Low Fat White Milk Local
 - Fat Free Chocolate Milk Local
- Misc
 - Ketchup Dispenser
 - Mustard Dispenser
 - Mayo Dispenser
 - Ranch Dispenser

- Breakfast Entrée
 - Scramble Eggs w/ Toast
 - Cinnamon Toast Crunch Cereal
 - Trix Cereal
 - Cheerios Cereal
- Grain
 - Whole Grain Honey Graham Cracker 3 pk
- Fruit
 - Fresh Apple
 - Fresh Orange
 - 100% Fruit Punch Juice
- Milk
 - 1% Low Fat White Milk Local
 - Fat Free Chocolate Milk Local
- Lunch Entrée
 - Delicious Cheese Pizza
 - Turkey Sausage Pizza
 - Turkey Ham & Cheese Wrap
- Vegetables
 - Italian Veggie Blend
 - Fresh Baby Carrots
 - Fresh Broccoli Florets
 - Fresh Cucumber with Zesty Lemon & Chili
- Fruit
 - Cinnamon Spiced Apples
 - Fresh Apple
 - Fresh Orange
 - Fresh Banana
- Milk
 - 1% Low Fat White Milk Local
 - Fat Free Chocolate Milk Local
- Misc
 - Ranch Dispenser
 - Mustard Dispenser
 - Mayo Dispenser
 - Ketchup Dispenser



12

- Breakfast Entrée
- Crispy Southwestern Hash w/ Toast
- Froot Loops Cereal
- Cinnamon Toast Crunch Cereal
- Cocoa Puffs Cereal
- Fruit
- Fresh Orange
- Fresh Apple
- 100% Fruit Punch Juice
- Milk
- 1% Low Fat White Milk Local
- Fat Free Chocolate Milk Local
- Lunch Entrée
- Green Chili Cheese Quesadilla
- Breaded Popcorn Chicken w/Roll
- Turkey & Cheese Sandwich
- Vegetables
- Spiced Green Beans
- Fresh Baby Carrots
- Fresh Broccoli Florets
- Green Bell Pepper
- Fruit
- Unsweetened Applesauce
- Fresh Apple
- Fresh Banana
- Fresh Pear
- Milk
- 1% Low Fat White Milk Local
- Fat Free Chocolate Milk Local
- Misc
- Ketchup Dispenser
- Mustard Dispenser
- Mayo Dispenser
- Ranch Dispenser

13

- Breakfast Entrée
- Savory Breakfast on a Stick
- Cinnamon Toast Crunch Cereal
- Cocoa Puffs Cereal
- Froot Loops Cereal
- Grain
- Whole Grain Toast w/ Margarine
- Fruit
- Fresh Apple
- Fresh Orange
- 100% Apple Juice Cup
- Milk
- 1% Low Fat White Milk Local
- Fat Free Chocolate Milk Local
- Lunch Entrée
- Grande Cheesy Nachos
- Classic Beef Enchiladas
- Fresh Turkey Ham & Cheese Sub
- Vegetables
- Mexican Pinto Beans
- Fresh Salsa
- Fresh-Cut Cucumber Slices
- Fresh Baby Carrots
- Fresh Cauliflower
- Fruit
- Diced Pears
- Fresh Orange
- Fresh Banana
- Fresh Apple
- Milk
- 1% Low Fat White Milk Local
- Fat Free Chocolate Milk Local
- Misc
- Mayo Dispenser
- Mustard Dispenser
- Ranch Dispenser
- Ketchup Dispenser

14

- Breakfast Entrée
- Fluffy Pancakes
- Cinnamon Toast Crunch Cereal
- Cocoa Puffs Cereal
- Froot Loops Cereal
- Grain
- Whole Grain Honey Graham Cracker 3 pk
- Fruit
- Fresh Orange
- Fresh Apple
- 100% Orange Juice
- Milk
- 1% Low Fat White Milk Local
- Fat Free Chocolate Milk Local
- Misc
- Maple Syrup Cup
- Lunch Entrée
- Creamy Garlic Pulled Chicken over Penne
- Crispy Chicken Patty Sandwich
- Sunbutter & Jelly Sandwich w/ String Cheese
- Vegetables
- Italian Veggie Blend
- Fresh Baby Carrots
- Fresh Broccoli Florets
- Green Bell Pepper
- Fruit
- Sweet Diced Peaches
- Fresh Apple
- Fresh Banana
- Fresh Pear
- Milk
- 1% Low Fat White Milk Local
- Fat Free Chocolate Milk Local
- Misc
- Ketchup Dispenser
- Mustard Dispenser
- Mayo Dispenser
- Ranch Dispenser

15

- Breakfast Entrée
- Turkey Ham, Egg & Cheese Breakfast Burrito
- Cinnamon Toast Crunch Cereal
- Cocoa Puffs Cereal
- Froot Loops Cereal
- Grain
- Whole Grain Toast w/ Margarine
- Fruit
- Fresh Apple
- Fresh Orange
- 100% Fruit Punch Juice
- Milk
- 1% Low Fat White Milk Local
- Fat Free Chocolate Milk Local
- Lunch Entrée
- Savory Chili Dog
- Grilled Cheeseburger
- Chef Salad w/Roll
- Vegetables
- Crinkle Cut Fries
- Fresh Baby Carrots
- Garbanzo Bean & Tomato Salad
- Green Bell Pepper
- Fruit
- Juicy Mandarin Oranges
- Fresh Orange
- Fresh Banana
- Fresh Apple
- Milk
- 1% Low Fat White Milk Local
- Fat Free Chocolate Milk Local
- Misc
- Ketchup Dispenser
- Mayo Dispenser
- Mustard Dispenser
- Ranch Dispenser

16

- Breakfast Entrée
- Glazed Cinnamon Rolls
- Cinnamon Toast Crunch Cereal
- Cocoa Puffs Cereal
- Froot Loops Cereal
- Grain
- Whole Grain Honey Graham Cracker 3 pk
- Fruit
- Fresh Orange
- Fresh Apple
- 100% Apple Juice Cup
- Milk
- 1% Low Fat White Milk Local
- Fat Free Chocolate Milk Local
- Lunch Entrée
- Delicious Cheese Pizza
- Turkey Ham Hawaiian Pizza
- Veggie Ranch Wrap
- Vegetables
- Peppered Broccoli Florets
- Fresh Baby Carrots
- Fresh-Cut Cucumber Slices
- Fresh Cauliflower
- Fruit
- Cinnamon Spiced Apples
- Fresh Apple
- Fresh Banana
- Milk
- 1% Low Fat White Milk Local
- Fat Free Chocolate Milk Local
- Misc
- Mustard Dispenser
- Mayo Dispenser
- Ranch Dispenser
- Ketchup Dispenser



Breakfast Entrée

- Scratch-Made French Toast Casserole
- Cinnamon Toast Crunch Cereal
- Cocoa Puffs Cereal
- Froot Loops Cereal

Fruit

- Fresh Apple
- 100% Orange Juice
- Fresh Banana

Milk

- 1% Low Fat White Milk Local
- Fat Free Chocolate Milk Local

Misc

- Maple Syrup Cup

Lunch Entrée

- Creamy Macaroni & Cheese
- Chicken Nuggets w/Roll
- Turkey Ham & Cheese Sandwich

Vegetables

- Crispy Tater Tots
- Fresh Baby Carrots
- Fresh-Cut Cucumber Slices
- Fresh Broccoli Florets

Fruit

- Juicy Pineapple Tidbits
- Fresh Apple
- Fresh Banana
- Fresh Orange

Milk

- 1% Low Fat White Milk Local
- Fat Free Chocolate Milk Local

Misc

- Ketchup Dispenser
- Mustard Dispenser
- Mayo Dispenser
- Ranch Dispenser

Breakfast Entrée

- Egg & Turkey Ham Breakfast Quesadilla
- Cinnamon Toast Crunch Cereal
- Cocoa Puffs Cereal
- Froot Loops Cereal

Grain

- Whole Grain Toast w/ Margarine

Fruit

- Fresh Apple
- 100% Apple Juice Cup
- Fresh Banana

Milk

- 1% Low Fat White Milk Local
- Fat Free Chocolate Milk Local

Lunch Entrée

- Grilled Cheeseburger
- Sweet & Sour Popcorn Chicken w/ Brown Rice
- Crispy Buffalo Chicken Salad w/Crackers

Vegetables

- Italian Veggie Blend
- Fresh Baby Carrots
- Fresh Cucumber with Zesty Lemon & Chili
- Fresh Broccoli Florets

Fruit

- Cinnamon Applesauce
- Fresh Banana
- Fresh Orange
- Fresh Apple

Milk

- 1% Low Fat White Milk Local
- Fat Free Chocolate Milk Local

Misc

- Ketchup Dispenser
- Mustard Dispenser
- Mayo Dispenser
- Ranch Dispenser

Breakfast Entrée

- Turkey Sausage Breakfast Pizza
- Cinnamon Toast Crunch Cereal
- Cocoa Puffs Cereal
- Froot Loops Cereal

Grain

- Whole Grain Honey Graham Cracker 3 pk

Fruit

- Fresh Apple
- 100% Fruit Punch Juice
- Fresh Banana

Milk

- 1% Low Fat White Milk Local
- Fat Free Chocolate Milk Local

Lunch Entrée

- Cheese Stuffed Breadsticks w/Marinara
- Crispy Chicken Patty Sandwich
- Crispy Popcorn Chicken Ranch Wrap

Vegetables

- Peppered Broccoli Florets
- Fresh Baby Carrots
- Fresh Broccoli Florets
- Fresh Celery Sticks

Fruit

- Diced Pears
- Fresh Apple
- Fresh Banana
- Fresh Orange

Milk

- 1% Low Fat White Milk Local
- Fat Free Chocolate Milk Local

Misc

- Ranch Dispenser
- Ketchup Dispenser
- Mustard Dispenser
- Mayo Dispenser

Breakfast Entrée

- Glazed Cinnamon Rolls
- Cinnamon Toast Crunch Cereal
- Cocoa Puffs Cereal
- Froot Loops Cereal

Grain

- Whole Grain Toast w/ Margarine

Fruit

- Fresh Apple
- 100% Apple Juice Cup
- Fresh Banana

Milk

- 1% Low Fat White Milk Local
- Fat Free Chocolate Milk Local

Lunch Entrée

- Popcorn Chicken Potato Bowl w/Roll
- Golden Chicken Corn Dog
- Turkey & Cheese Wrap

Vegetables

- Spiced Green Beans
- Fresh-Cut Cucumber Slices
- Fresh Baby Carrots
- Roasted Garbanzo Beans

Fruit

- Cinnamon Spiced Apples
- Fresh Banana
- Fresh Orange
- Fresh Apple

Milk

- 1% Low Fat White Milk Local
- Fat Free Chocolate Milk Local

Misc

- Ketchup Dispenser
- Mayo Dispenser
- Mustard Dispenser
- Ranch Dispenser

Breakfast Entrée

- Chicken Biscuit Sandwich
- Cinnamon Toast Crunch Cereal
- Cocoa Puffs Cereal
- Froot Loops Cereal

Grain

- Whole Grain Honey Graham Cracker 3 pk

Fruit

- 100% Fruit Punch Juice
- Fresh Apple
- Fresh Banana

Milk

- 1% Low Fat White Milk Local
- Fat Free Chocolate Milk Local

Lunch Entrée

- Delicious Cheese Pizza
- Classic Pepperoni Pizza
- Sunbutter & Jelly Sandwich w/ String Cheese

Vegetables

- Zingy Crinkle Fries
- Fresh Baby Carrots
- Fresh Celery Sticks
- Fresh-Cut Cucumber Slices

Fruit

- Sweet Diced Peaches
- Fresh Apple
- Fresh Banana

Milk

- 1% Low Fat White Milk Local
- Fat Free Chocolate Milk Local

Misc

- Ketchup Dispenser
- Mayo Dispenser
- Mustard Dispenser
- Ranch Dispenser



26

- Breakfast Entrée
 - Fluffy Banana Muffin
 - Cheerios Cereal
 - Trix Cereal
 - Cinnamon Toast Crunch Cereal
- Fruit
 - 100% Fruit Punch Juice
 - Fresh Apple
 - Fresh Orange
- Milk
 - 1% Low Fat White Milk Local
 - Fat Free Chocolate Milk Local
- Lunch Entrée
 - Chicken Tenders w/Roll
 - Vegetarian Pasta Alfredo
 - Fresh Turkey & Cheese Sub
- Vegetables
 - Peppered Broccoli Florets
 - Fresh Baby Carrots
 - Fresh Broccoli Florets
 - Fresh-Cut Cucumber Slices
- Fruit
 - Cinnamon Applesauce
 - Fresh Apple
 - Fresh Banana
 - Fresh Orange
- Milk
 - 1% Low Fat White Milk Local
 - Fat Free Chocolate Milk Local
- Misc
 - Ketchup Dispenser
 - Mustard Dispenser
 - Mayo Dispenser
 - Ranch Dispenser

27

- Breakfast Entrée
 - Cheesy Egg Breakfast Burrito
 - Cinnamon Toast Crunch Cereal
 - Trix Cereal
 - Cheerios Cereal
- Grain
 - Whole Grain Toast w/ Margarine
- Fruit
 - Fresh Apple
 - Fresh Orange
 - 100% Apple Juice Cup
- Milk
 - 1% Low Fat White Milk Local
 - Fat Free Chocolate Milk Local
- Lunch Entrée
 - Scratch-Made Cheesy Chicken Flour Tacos
 - Mini Cheese Quesadillas
 - Sunbutter & Jelly Sandwich w/ String Cheese
- Vegetables
 - Seasoned Mexican Black Beans
 - Fresh-Cut Cucumber Slices
 - Fresh Baby Carrots
 - Roasted Garbanzo Beans
- Fruit
 - Fresh Salsa
 - Sweet Diced Peaches
 - Fresh Orange
 - Fresh Banana
 - Fresh Apple
- Milk
 - 1% Low Fat White Milk Local
 - Fat Free Chocolate Milk Local
- Misc
 - Ranch Dispenser

28

- Breakfast Entrée
 - Homemade Biscuit & Gravy w/ Turkey Sausage
 - Cinnamon Toast Crunch Cereal
 - Trix Cereal
 - Cheerios Cereal
- Grain
 - Whole Grain Honey Graham Cracker 3 pk
- Fruit
 - Fresh Apple
 - Fresh Orange
 - 100% Orange Juice
- Milk
 - 1% Low Fat White Milk Local
 - Fat Free Chocolate Milk Local
- Lunch Entrée
 - Chicken Nugget Potato Bowl w/Roll
 - Cheesy Meatball Sub
 - Veggie Ranch Wrap
- Vegetables
 - Steamed Corn
 - Fresh Baby Carrots
 - Fresh Broccoli Florets
 - Green Bell Pepper
- Fruit
 - Juicy Mandarin Oranges
 - Fresh Apple
 - Fresh Banana
 - Fresh Pear
- Milk
 - 1% Low Fat White Milk Local
 - Fat Free Chocolate Milk Local
- Misc
 - Ketchup Dispenser
 - Mustard Dispenser
 - Mayo Dispenser
 - Ranch Dispenser

29

- Breakfast Entrée
 - Mandarin Orange Parfait w/ Graham Crackers
 - Cinnamon Toast Crunch Cereal
 - Trix Cereal
 - Cheerios Cereal
- Grain
 - Whole Grain Toast w/ Margarine
- Fruit
 - Fresh Apple
 - Fresh Orange
 - 100% Apple Juice Cup
- Milk
 - 1% Low Fat White Milk Local
 - Fat Free Chocolate Milk Local
- Lunch Entrée
 - Turkey Hot Dog
 - Juicy Hamburger
 - Crispy Popcorn Chicken Salad w/CROUTONS
- Vegetables
 - Zingy Crinkle Fries
 - Fresh Baby Carrots
 - Green Bell Pepper
 - Fresh Celery Sticks
- Fruit
 - Diced Pears
 - Fresh Orange
 - Fresh Banana
 - Fresh Apple
- Milk
 - 1% Low Fat White Milk Local
 - Fat Free Chocolate Milk Local
- Misc
 - Ketchup Dispenser
 - Mustard Dispenser
 - Mayo Dispenser
 - Ranch Dispenser

30

- Breakfast Entrée
 - Scramble Eggs w/ Toast
 - Cinnamon Toast Crunch Cereal
 - Trix Cereal
 - Cheerios Cereal
- Grain
 - Whole Grain Honey Graham Cracker 3 pk
- Fruit
 - Fresh Apple
 - Fresh Orange
 - 100% Fruit Punch Juice
- Milk
 - 1% Low Fat White Milk Local
 - Fat Free Chocolate Milk Local
- Lunch Entrée
 - Delicious Cheese Pizza
 - Turkey Sausage Pizza
 - Turkey Ham & Cheese Wrap
- Vegetables
 - Italian Veggie Blend
 - Fresh Baby Carrots
 - Fresh Broccoli Florets
 - Fresh Cucumber with Zesty Lemon & Chili
- Fruit
 - Cinnamon Spiced Apples
 - Fresh Apple
 - Fresh Orange
 - Fresh Banana
- Milk
 - 1% Low Fat White Milk Local
 - Fat Free Chocolate Milk Local
- Misc
 - Ranch Dispenser
 - Mustard Dispenser
 - Mayo Dispenser
 - Ketchup Dispenser

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